



Monday 6 November 2023

NSPCC's *Speak out, Stay safe* Programme

Dear Parents and Carers

I am pleased to inform you that we are participating in the NSPCC's '*Speak out, Stay safe*' programme again this term. This programme aims to help children aged 5-11 to understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or to Childline.

This child friendly programme consists of an age appropriate virtual assembly, that we watched this morning, and supporting classroom-based activities. (Years 3 and 4 will complete these activities with their class teacher over the next two weeks. For Years 5 and 6, we have arranged workshops led by a volunteer from the NSPCC for January). The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/keeping-children-safe/support-for-parents/	Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. Activities for kids at home NSPCC
Online Safety Hub For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/keeping-children-safe/online-safety	Childline – under 12's Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/kids (7-11) www.childline.org.uk/buddy (5-7)
Talk PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants . (We will run the Talk PANTS programme with Year 3 later this month)	

I hope you find this information about the NSPCC and the *Speak out, Stay safe* programme helpful. Please contact me if you have any further questions.

Yours sincerely,

Mr Hunt