






















Name:

No tech or better with tech?

For each of the activities below, discuss as a family: is this better when completed with tech or without tech? For example, would you rather ask a question you have to someone face-to-face, or a voice assistant like Alexa or Siri or Google?

Circle the symbol that best matches your verdict for each one. Different family members could use different colours pens and pencils to show their opinions.

	Better without tech	Better with tech	Undecided
Chatting to friends and family			
Playing games			
Learning and research			
Asking a question			
Getting help & support			
Saying sorry			
Shopping for clothes			

Reflection time

Overall, we prefer to do things...

without tech / with tech / no clear winner

We all agreed that...

We really disagreed about...

The most interesting one to discuss was...

I changed my mind about...

A, B, C – How well do you know me?

How to play:

1. Cut out the cards.
2. Take one card each.
3. Take it in turns to read your card and ask the others if they think you will opt for A, B or C.

Adaptations:

- You could create A, B, C cards for people to hold up.
- You could ask the others to explain why they think you will choose A, B or C.
- You can keep score to see how well you know each other.

A pop up comes up saying I have won £1,000. Would I...?

- A.** Fill out the form straight away and wait for the money
- B.** Ignore it
- C.** Ask someone what to do

I see a news story that is shocking and a bit suspicious. Would I...?

- A.** Share it on. Everyone needs to know this
- B.** Nothing
- C.** Try to find out if it is true

I'm struggling to keep my eyes open while watching some funny videos. Would I...?

- A.** Splash water on my face and get back to it
- B.** Go to bed
- C.** Wake up on the sofa

I see someone being mean to my friend online. Would I...?

- A.** Tell the person being mean to stop
- B.** Report the person being mean
- C.** Message my friend to ask if they are okay

There is an online challenge going around to raise money for charity. Would I...?

- A.** Tell someone else they should do it
- B.** Sign up and start raising money
- C.** Donate some money

There are only 2 controllers and there are 3 of us. Would I...?

- A.** Grab a controller straight away
- B.** Ask who wants to go first
- C.** Be happy to just watch

My device crashes losing all my work. Would I...?

- A.** Cry
- B.** Sigh
- C.** Try for hours to get it back

I'm playing in a team game but the team is struggling. Would I...?

- A.** Find a new team
- B.** Encourage the team
- C.** Play a different game

I see another player is stuck and realise that they must be new to the game. Would I...?

- A.** Take them out
- B.** Help them out
- C.** Call them out

I have just 5 minutes to spend online for the rest of my life. Would I...?

- A.** Video call someone
- B.** Watch videos
- C.** Play a game

Someone asks me for a selfie. Would I...?

- A.** Agree but take 10 goes to get it right
- B.** Smile and nail it first time
- C.** Run a mile

I'm doing really well on a game but need to go now or I'll be late to meet friends. Would I...?

- A.** Not even realise
- B.** Stop straight away when my timer goes off
- C.** Let them know I'll be a bit late